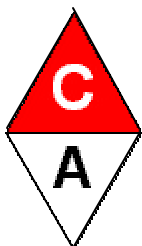


# CAPS



- Chandlery Day looms large on March 30
- Pay your CAPS dues and get Mainsheet
- CAPS members join Googlegroup
- Meet Donna's friends in the Abacos

## *The All Catalina Association of Puget Sound*

### **MEETING VENUE APPROVED BY STOMACHS; MARCH CONVERGENCE TO BE NAVIGATION**

Bless Roget's Thesaurus when a headline is needed! The speaker at the Friday, March 11, meeting will be Jeff from Rosepointe Navigation. He'll chose the topic, but since the "Wrong Way Corrigan" award wasn't passed along this year, we need to make sure we continue to know where we are going, and can get there safely, so you won't want to miss this one.

Until further notice, CAPS will be meeting at Olympic Pizza On 45th (corner of Interlake N.) , Seattle. We had a room all to ourselves, almost everyone got there early, which was wise because parking on the street can be testy, and, believe it or not, we came out exactly even in figuring out who owed what to pay our food bill. The way

we did it was to charge \$2.50 for each slice of pizza and \$3.00 for each glass of wine or beer. Most of us are used to eating in pizza joints, and the tally for a couple was no more than we would expect, especially since it included tax and tip.

Dave Fend and Dick Eagle explained the new communication tool that CAPS members have available. It's a group email list that we can access individually to use to sell boat parts, suggest cruise destinations, or any other boat-related matter. You'll find another article in this newsletter which goes into detail.

Meanwhile, remembering that the cop shop is only a couple of blocks away, safely navigate your landyacht to the March 11 meeting, starting at 6:30!

### **UPLAND CRUISERS TO RIDE AMTRAK NORTH TO VANCOUVER FIRST WEEKEND IN MARCH**

All the reservations have been made, the tickets bought and the itinerary set in stone by the time you read this, but FYI a group of 10 couples will be taking the Amtrak Cascades to Vancouver, B.C. March 4-6. Two will be leaving from Seattle on Friday, and three from Edmonds. The remaining couples will be going up Saturday. They all will be staying at the Rosedale Hotel on Robson, a suite hotel right in the heart of downtown Vancouver.

Once all the members are settled into

rooms, exploration of the sights and sounds can begin. We figure the advance group on Friday can scout locations for a group dinner on Saturday when everyone is there.

Sunday the entire day is free until the train leaves at 6 PM, although Amtrak is saying we have to be there quite early because we're a group; but, be that as it may, we still are looking forward to this "foreign" excursion to cure the winter blahs.

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## COMMODORE'S CORNER

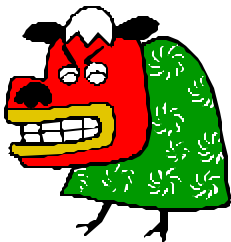
By Dick Eagle



The Eagle has landed again. Good thing they aren't going to be extinct for a while!

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**The  
only thing  
that is more fun  
than  
"messing around  
with boats"  
is hanging  
around  
in the  
"toy store for boats"**



"Page Eyes" struck the last issue of your newsletter. Did you even notice? Watch out for the poultergeist!

The first CAPS meeting at Olympic Pizza On 45th got good reviews from those who attended. The room is big enough, the food is great, and it's completely separate from the restaurant.

It does appear that a 6:30 start time for the meeting works better than our traditional 7:00 PM. For the March meeting we'll have a couple of pizzas pre-ordered (and hot) at 6:30, then order more as people arrive. There will be a short meeting while we're eating, then plan on having our speaker start at about 7:30. Since we'll have one bill for all the food and beverages, please bring bills that are fives or ones to pay for what you eat and drink (change is a bit hard to deal with when **we** have to come up with it!).

On a personal note, I'm really looking forward to sailing adventures this year.

2005 marks the 50th anniversary of my introduction to sailing. In 1955 I learned to sail in a Penguin one-design dinghy on a sailing-only reservoir in Indiana. From the Penguin, I moved on to a Snipe, a couple of Catalina 22s, a Catalina 28, and now the C320. Peg and I have been fortunate to sail on lakes of a half dozen states, the Atlantic, Caribbean, Gulf of Mexico, and the waters of Washington and B.C.

Whether it's day-sailing, racing, cruising, doing boat chores, or just hanging out on the boat, I certainly agree with Ratty in The Wind in the Willows, "There is nothing, absolutely nothing, half so much worth doing as simply messing around with boats."

The next 50 years should be great!

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## SPECIAL CAPS DISCOUNTS DURING BUSINESS HOURS 9-6 AT FISHERIES SUPPLY MARCH 30

In spite of the fact that Fisheries Supply decided it couldn't stay open late for us last year, there still was a substantial turnout for the **Chandlery Day**, so we'll do it again this year. **Wednesday, March 30, from 9 AM to 6 PM** is the one where you want to take a bit of your day to save a some of your money, and buy some of their excellent gear. Fisheries is an all-encompassing boat supply store because the commercial part down below may have what they don't have upstairs. Be sure to ask them to check if you have something particular in mind.

This is your chance to stock up on some of the "depletibles" [*Is that a word? Ed.*] like TP or oil or bilge cleaner, etc. and also put your mitts on some great clothing and galley items. They have charts and cruising guides, as well as tide and current tables to make your cruising season complete. Stu Mullen, the store manager, says they always like to see CAPS members anytime (and you can always say you are in CAPS in case they have a special discount at other times), but especially on Chandlery Day.

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## AWARDS BANQUET FOOD GOOD, TROPHIES GALORE

On Saturday, January 29, the Annual Awards Banquet took place at The Elephant & Castle in the downtown Red Lion.

The social hour was very social, and after dinner the gathering got right down to the Trophies. OK, let's get it over with — yours truly, Sally Hamel, won the **Dead Head Heck**, it was only a stinkpotter **Auntie Beryl** hit! McManus' **Sea Sea Rider** got the

**Broken Prop** hands down for missing the whole cruising season because of engine (not their fault) failure, and fighting with the Westerbeke folk about responsibility. Dave and Peggy Fend received **Sailing with Bob** (formerly Murphy) for having **DeFENDER's** binnacle leak all over their cushions (that got them new upholstery, though), and

**Awards continued on Page 5**

## YOU HAVE UNTIL APRIL TO GET THE BOTTOM PAINTED; CRUISE TO KINGSTON IS APRIL 1-3

The Cruise Captain, John Hamel, is truly eager to show off his FOURTH Catalina. He'll be bringing **Auntie Beryl<sup>3</sup>** to the guest dock at Kingston on April 1. April Fool? No, for real! They've traded down again. Poor Carl at Admiralty was forced to do another 3-way, with Rob & Karen Trahan buying a new C/M 440 to live aboard (not delivered yet, but to be name **Sommerled**), thereby trading in **Escapade**, whereby Hamels trading **Auntie Beryl<sup>2</sup>** so they could have a C36 *without an escape hatch in the aft cabin!* Carl says they have to buy two more boats from him to set a record....

Maybe we'll see a few other "new" old boats, and maybe a few new "new" ones too. Boat people do tend to move about a bit (e.g. The formerly Orcas, now **Chinook**, North Star now **Northern Light**), but friendships remain hard and fast. These cruises prove it.

We hope to see many of you at the Kingston guest dock the weekend of April 1-3. The hors d'oeuvres Potluck will be Saturday afternoon starting at 4:30 PM, and Hamels will be the hosts. There's a new member with a C350; wouldn't we like to check that one out! A challenge has been issued... **See you there!**



It's the ubiquitous ferry/mountain clipart, specially designed for us Puget Sound sailors!

## IF YOU WANT NEXT ISSUE OF MAINSHEET, APRIL 10 IS DEADLINE; PAY YOUR CAPS DUES NOW!!!

Your annual dues for CAPS must be paid and recorded before April 10 so the list of names and addresses of CAPS members who have paid the extra \$10 (\$39 instead of \$29) to receive **Mainsheet** can be emailed to their office.

Even if you don't want **Mainsheet**, or are an Associate Member (those without a Catalina), please send in your money now anyway. Our membership year starts in January, and although we don't make too much of a fuss for the first couple of months, now we start to get tough!

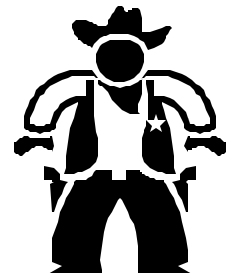
After the **Mainsheet** deadline, we publish the **CAPS Roster** in early May, just in time for cruising season. Fill out the entire membership form because it's important for CAPS to know **any changes to your email address, especially in the light of the new Listserve.** Any other changes to your basic information should also be made when you renew. That's why there's a form on each CAPS Eyes. This time send your checks to Nancy McKenzie. Her address is on the form on the last page of this newsletter.

Please, mail it now!

**You  
Might  
Want to  
Check  
Out  
Our  
Web Site  
At**

**[www.capsfleet1.com](http://www.capsfleet1.com)**

THE ALL CATALINA ASSOCIATION OF PUGET SOUND			
<b>Commodore</b>	Dick Eagle	(425) 885-2823	dpeagle@earthlink.net
<b>Vice-Commodore</b>	Bob Armstrong	(425) 235-0756	barmstro2@juno.com
<b>Treasurer</b>	Nancy McKenzie	(425) 823-2849	sodanscots@aol.com
<b>Secretary</b>	Sally Hamel	(206) 364-6606	sally_john@comcast.net
<b>Measurer</b>	Ken McKenzie	(425) 823-2849	sodanscots@aol.com
<b>Cruise</b>	John Hamel	(206) 364-6606	sally_john@comcast.net
<b>Newsletter</b>	Sally Hamel	(206) 364-6606	sally_john@comcast.net
<b>Hospitality</b>	Gordon Ellis	(425) 885-7462	gfedomino@msn.com
<b>Safety Focal</b>	Jim Fielder	(425) 641-9097	jimfielder@comcast.net
<b>Historian</b>	Rod Sparks	(206) 290-6779	rod@nwsailor.com



OK, y'all. These guys are really the enforcers — and they mean to get you to pay yer dues! Y'hear?

# ENCAPSULATED CALENDAR FOR 2004



Just a little reminder for the CAPS folk of what's going on .

**LET'S KICKSTART  
THE CRUISING SEASON  
BY SETTING NEW  
RECORDS FOR ATTENDANCE  
AT  
CAPS CRUISES!**

**MARCH**

Mar. 4-6 **Upland Cruise**  
Vancouver, BC  
Mar. 11 *Monthly Meeting*  
7 PM, Olympia Pizza  
Speaker – Navigation  
Mar. 19-20 MBYC Regatta  
Mar. 30 **Chandlery Day**  
Fisheries Supply

**APRIL**

Apr. 1-3 **Kingston Cruise**  
Apr. 2 Sloop Tavern  
Blakely Rock Race  
Apr. 8 *Monthly Meeting*  
7 PM, Olympia Pizza  
Speaker – North Sails  
Apr. 22-24 **Winslow Cruise**  
at dock

**MAY**

May 7 Mid-Distance Race #3  
May 13 *Monthly Meeting*  
7 PM, Olympia Pizza  
Jo Bailey & Carl Nyberg  
Northwest Gunkholing  
May 27-30 CAPS & CATSS  
**Memorial Day Cruise**  
to Port Townsend

**JUNE**

Jun. 10 *Monthly Meeting*  
7 PM, Olympia Pizza  
Safety – Jim Fielder  
Jun. 17-19 **Port Ludlow**  
**Anchor Out Cruise**  
Jun. 24-26 Shilshole CYC  
**NW Catalina Regatta &**  
**International C30 Regatta**

**JULY**

Jul. 3 **Poulsbo Fireworks**  
**Anchor Out Cruise**  
July 23 CYC Shilshole  
Jack & Jill Race

**AUGUST**

Aug. 12-14 **Everett Cruise**  
Combining the  
**Crab Cruise** with the  
**Birthday Meeting**  
making it the  
**Cruise for Crabby**  
**Birthday People!**

**SEPTEMBER**

Sep. 2-5 CAPS & CATSS  
**Poulsbo Cruise**  
Sep. 9 *Monthly Meeting*  
7 PM Olympic Pizza  
Sep.10 Fall Regatta Milltown  
Sep. 16-18 CAPS & CATTSS  
**Catalina Rendezvous**  
at Port Orchard

**NO MEETING  
GONE CRUISING**

**OCTOBER**

Sep. 29- Oct. 2  
**Brownsville Cruise**  
Oct. 14 *Monthly Meeting*  
7 PM Olympic Pizza  
Program TBA

**NOVEMBER**

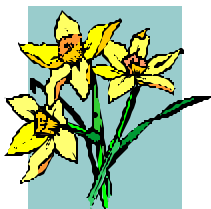
Nov. 11 *Monthly Meeting*  
7 PM Olympic Pizza  
**Elections**

**DECEMBER**

Dec. 10 **Annual Christmas**  
**Party Potluck**  
**and Gift Exchange**  
(Boat Gift and/or  
White Elephant)  
Woodenville  
Dec. 31-Jan. 1 **Elliott Bay**  
**New Year's Cruise**

**HAPPY THANKSGIVING**

**Changes  
for  
this  
calendar  
will show up  
on the  
Web  
At  
Www.capsfleet1.com**



Spring has sprung,  
Da grass is riz,  
I wanna whea  
Da robins is?

## CAPS ADDS NEW COMMUNICATION TOOL *FOR MEMBERS ONLY*

By

The Catalina Association of Puget Sound was formed to facilitate its members' enjoyment of sailing and to support their common interest in owning a Catalina. We communicate with one another through monthly meetings, a monthly newsletter, the website, and the membership roster. However, since most of our members have email, **we are now adding another communication capability, an on-line discussion group and mailing list for use by all members.**

Have you ever wanted to sell a boat accessory (or a whole boat), wanted advice on a problem with your boat, or just wanted to see if anyone else in CAPS is going to the Gulf Islands in August? Until now your options have been to speak at a meeting, put something in the newsletter, or start calling people on the roster. Well, now there will be an easier way; **you'll be able to send an email to everyone in CAPS with one email address!**

There is a new "free" service from Google called Google Groups. Our talented and hard working Webmaster, Dave Fend, has set up a group named Capsfleet1 as our discussion group and email list server. We'll get to how you go about joining the group in just a minute, but first, here are some of the characteristics of this service:

- ***This is a closed list***, available only to members of CAPS. No outsider has access to the list of email addresses, and only CAPS members can send emails to the group.
- ***You will not be signed up automatically***, you must join to become

part of the group (more on that later).

- ***You can choose*** to receive individual emails from the group directly to your email address, have them summarized in one daily email, or only view them from the discussion board web page.

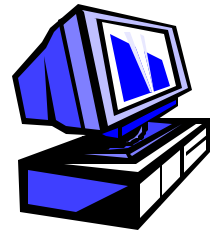
Now, how do you join? It's easy. Dave Fend will be sending current CAPS members (2004 roster; if you're not going to rejoin for 2005, don't do this!) an email invitation with a subject line "Google Groups: You've been invited to join CAPSFLEET1". Just click on the link in the email and follow the instructions on the Google web page.

Once you've successfully joined the group, click on "Change my membership" to select how you would like to receive email. (The default is receiving email directly at your email address.)

Then, when you want to sell that wonderful plastic owl (you know, the one with all the seagull poop on it), to find out the best technique for anchoring under the bridge at Deception Pass, or even get tips on removing the diesel in your water tank (from the time you accidentally unscrewed the wrong filler plug), **all you have to do is send one email to CAPSFLEET1@googlegroups.com!**

Just remember, the topics of email post are limited to sailing and Catalina Yachts. This is not the place to sell your cat or complain about the results of the last election.

Enjoy!



Face it — we're connected to our computers for anything...almost!

---

***Googling takes on a new dimension when you join a Googlegroup.***



Does this mean the telephone is officially dead? Not as long as I know Dick's phone number!

---

### Awards continued from page 2

losing the dinghy. No one got the ***Wrong Way Corrigan*** so Hamels will keep it until next year. The Fends went home with a carload, however, because not only did they wind the ***Cruising Award*** for being at so many cruises, but also ending up as hosts because of "the condo", but then they were

awarded ***Boat of the Year***, too, and well-deserved it was.

Racing awards gave 3rd to Skip Meisch and ***Slow Flight***, 2nd to Mark Pywell and ***Starbird***, and 1st to Ken McKenzie (and his faithful crew, Jerry Purdy and Mike Parker) and ***Scotch & Soda***. A good time was had by all.

---

## GEORGE & LINDA & PAUL & CAROL CRUISE THE ABACOS

By Carol McManus



Red-eye or not, it got them to paradise pretty quick!

---

**Where else can you get a little history, a little geography, a little navigation, a little local color, a dancing lesson, a native cook, and seven thousand ways to serve rum!**



Look for that Bahama Mama recipe at the end of this article.

Sometime during mid-winter of 2004 George Fogg and Linda Loux suggested a cruise together in warmer climes. George wanted to go to the Seychelles, but was overruled by those of us wanting to stay a little closer to home. Hence, the Abacos Islands, part of the Bahamas, where none of us had been before. (The closest any of us had gotten was when Paul and Carol honeymooned in Nassau.) We decided to go during the winter of 2005.

The Abacos are two islands in the Bahamas called Great Abaco and Little Abaco. Along with their cays (pronounced keys), the two islands form the most northerly portion of the Bahamas Out Islands. American Royalist who fled the American Revolution (1775-1783) originally settled the islands. The chief settlements are Green Turtle Cay, Man o' War Cay, Marsh Harbor, Sandy Point, and Hope Town (thank you Encarta). Lying between the two islands and the cays is the Sea of Abaco. Beyond the cays lies the Atlantic Ocean. Charterers confine their cruise to the Sea of Abaco for the most part, giving them a fairly protected cruising ground between the two main islands and the cays. It's a lot like cruising in Puget Sound or the BVIs. You can always see land. The challenge is to route yourself so as to avoid extremely shallow areas while underway. Our boat drew 4½ feet and we still were restricted from certain harbors, being unable to enter them at all, or only on a high tide.

Of course, when we chose this destination and made all the arrangements, two of the four major hurricanes of the year, Frances and Ivan, had not yet made a beeline for these islands. Once they did, we were assured by Moorings, our charter company, that they were up and running with business as usual. We decided to believe them and stick with our plans. Once we arrived, we found damaged and destroyed docks in many locales. Our boat, a 40' Beneteau, had sustained some damage at some time, we assumed from the hurricanes. There

were chunks of gel coat missing and a bent anchor roller, that we could see. Most of the docks at that marina had been destroyed. Our motel for the first two nights before leaving had sustained major damage. Our rooms had just been refurbished, but lots of other rooms, the swimming pool, and the little convenience store on the property were nowhere near ready for use.

We flew the "red-eye" out of Seattle and arrived at Marsh Harbour in early afternoon, just in time to check in and head for a late lunch and a round or two of the many local tropical libations available there. (See recipe for one of these, "Bahama Mama", later.)

Before provisioning ourselves the next day, Linda and I met Donna, our cook. (Well, y'all, if we didn't have a cook, it couldn't rightly be called a vacation!!!) We wanted to see what she like to cook and what we should buy so that she would have everything she needed. We were somewhat nervous upon learning that she had never sailed before. But she had a pretty good idea of what she planned to make and what she needed. So, off we went to her preferred grocery store. This would be the first of many, many times that Donna's local knowledge would serve us well. And she turned out to be exceedingly adaptable to life on a sailboat.

Saturday morning we picked up our charter. It was blowing like stink as we left the dock, probably 20-30 knots, but one we got the headsail up, we had a nice reach to Man o' War Cay where we picked up a mooring buoy and Donna made a round of here special rum punch. (Several of the harbors have mooring buoys and require you to use them. Others allow anchoring.)

Next morning Linda and Carol explored the island, taking Donna on her very first dinghy ride, while Paul (hereafter referred to as "Route Man") put in a route to Great Guana Cay. Man o' War is pretty small, but they probably have more churches per capita than

**Abacos Continued on Page 7**

**Abacos Continued from Page 6**

any other island. We counted 5 in two or three blocks. We were exploring on Sunday morning about church time and were dodging golf carts full of people going to church the whole time. Golf carts are the primary mode of transportation on the smaller cays. Donna met at least 3 or 4 people she knew. This was typical everywhere we went and they all did double takes because the last place they expected to see her was on another cay.

We left Man o' War for Settlement Harbour where George missed out on what could have been the highlight of his trip. He decided to take a nap while the rest of us went to lunch at the famous Nipper's Bar on the Atlantic side of the cay. It was cold and windy, but that didn't stop us from walking the ½ mile or so to get there, nor did it stop one of the sweet young things dancing there in her bikini from posing provocatively for photos, partially removing her bikini top. Donna visited with everyone she knew there, including the owner of Nippers, and we all drank their special libation, the Nipper Grabber.

Treasure Cay was our next stop. We spent 2 nights there, reprovisioning, topping off the water tanks, catching a hot shower and some good food, and having a great walk on the Atlantic side of the beach. Pure white sand, about 3 miles long, but still with evidence of hurricane damage — lots of trash on the beach and damaged/closed condos, etc. Every bar there has a specialty drink, so off we went to Topsy's, where Donna knew the bartender and his friends and introduced us to one of her seven sisters who just by chance were having dinner there. She also tried to teach us to dance better, once she convinced the bartender to get rid of Neil Diamond and play some local music. Paul, I'm afraid, is hopeless. Donna says I dance like a white girl (I am and I do). But George and Linda have potential. I never knew George could get down like that!

The next destination, Green Turtle Cay, required a passage into the Atlantic Ocean and therefore permission from Moorings.

When the seas are rough, no one likes to go through Whale Passage and charterers have to get permission. You can be heading into breaking waves and then have them abeam once you make your turn. Each day's weather report on the VHF advises you whether it is wise to go through.

The day looked promising so Route Man put in the route and we called for clearance and got it. Things had apparently changed by the time we got to the passage — there were breaking waves, quite a few of them, in fact, and the seas were looking a little rough. After stopping for a while to watch, we decided not to go through. We changed headings to make for Bakers Bay on Great Guana where we spent a lovely afternoon and evening with a gorgeous sunset. More of Donna's rum punch, some more of her great Bahamian cuisine, and a nice night on the hook. The beach was deserted and there were only 5 or 6 other boats there with us.

We would have loved to stay another day at that lovely anchorage or make another try for Green Turtle Cay, but the bay was unprotected, we were on the hook, and a gale was forecast. Even if we could have gotten through the passage, we may have been stuck on that end of the islands for longer than we wanted. Therefore, we decided to head to Hope Town on Elbow Cay.

*[Carol has promised to continue this tale in the next issue of CAPS Eyes, but she has left us with two versions of Bahama Mamas. They both look devastating. Ed.]*

<b>Bahama Mama #1</b>	<b>Bahama Mama #2</b>
¾ oz. Light Rum	1 oz. Coconut Rum
¾ oz. Banana Liqueur	1¼ oz. Gold Rum
1 oz. Coconut Rum	1½ oz. Nassau Royale Liqueur*
3 oz. Pineapple Juice	2 oz. orange juice
Dash Grenadine	2 oz. Pineapple juice
	Dash Grenadine

\*May not be available here, but can be found online at [www.internetwines.com/rws11260.html](http://www.internetwines.com/rws11260.html).



So George was dancing up a storm, eh? Must be all those Bahama Mamas!

---

***When given a choice, prudent sailors always chicken out!***



Now, you try it!

# THE ALL CATALINA ASSOCIATION OF PUGET SOUND

*Please fill out this form completely.* The data generated will be used to fill the database and to provide you with a roster (in May), newsletter (almost monthly), and Mainsheet (quarterly). Dues for 2003 are \$39/boat/family for voting members and \$29/family for those who do not own Catalina sailboats or owners who receive Mainsheet from another source.

Owner First Name	Owner Last Name		
Significant Other First Name	Significant Other Last Name		
Street Address	City	State/Province	Zip/Postal Code
	Country		
Home Phone	Cell Phone		
Boat Name	E-Mail		
Home Port	Slip Number	Catalina Model	Year Hull Number

Name(s) of any local yacht club(s) you are currently a member of :

Please return this form to  
 Nancy McKenzie, 11945 80th Pl. NE, Kirkland, WA 98034,  
 with your check made out to CAPS (you may also buy a CAPS Burgee from her for only \$26) .



## ***CAPS***

18525 26th Ave. NE  
 Lake Forest Park, WA 98155